

DIY Backyard Games

Ring Toss

YOU WILL NEED

- Paper plates
- Ruler, paint stirrer sticks or a cardboard tube
- Markers, crayons or paint to decorate your rings

STEPS

1. Cut the center from some paper plates to use as your 'rings.'
2. To make the stand, secure a stick, ruler or paint stirrer into the grass for the stand. If you want to play indoors, cut slits in the bottom of a cardboard tube and flattened the ends, then tape it to the reverse side of a plate so it would stand up.



Caterpillar Race

YOU WILL NEED

- Straws
- Scissors
- Paper
- Markers, crayons or paint to decorate your caterpillar

STEPS

1. Cut the paper about 1 1/4" wide and 6 – 8" long.
2. Fold the strip in half to create a crease in the middle.
3. Fold the strip toward the middle crease.
4. Repeat the same fold on the other side.
5. Fold the strip again from outside to the middle crease.
6. Repeat the same fold on the other side.
7. Fold the two halves together.
8. Using scissors, trim all four edges round.
9. Unfold the strip. Use a pen or marker to draw eyes and mouth on the caterpillar head.
10. Turn your caterpillar around, count 3 sections up from the tail. Mark the 3rd segment with a heart (or whatever shape you want).
11. Show your child how to gently blow at the heart with a drinking straw to make the caterpillar crawl.



It may take your children a few practice blows before learning just how hard to blow to make the caterpillar crawl instead of slide. Once your caterpillar is finished, let the races begin!

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Balloon Tennis

YOU WILL NEED

- Balloon
- Paper plates
- Ruler or paint stirrer stick
- Long paper tube or paper towel tube
- Crayons, markers, paint or stickers

STEPS

1. To make the rackets use paper plates and any kind of stick for the handle. Use crayons, markers, paint or stickers to decorate the paper plate. Make the racket your own special creation.
2. Blow up your balloon and enjoy your volley.



Bottle Catch

YOU WILL NEED

- Plastic milk jugs
- Tape or markers to decorate
- Ball

STEPS

1. Cut the end off a cleaned milk jug and remove the label.
2. Be sure to rinse the bottle well and dry.
3. Wrap the bottle with colorful tape, or decorate with markers and stickers and you're ready to play catch.



Fill the Bucket Water Race

YOU WILL NEED

- Bucket of water
- Big sponge for each team
- Container to squeeze the sponge into

STEPS

1. Each player gets their sponge wet and then runs to the other side and squeezes their sponge into the container.
2. This continues until one team fills their container or you run out of water.
3. The winning team is the team who has the most water in their container. This can be played with a group, as a family, or just two children.

