

STAND UP! Line Dancing with El

Exercise and dancing uplifts your spirits and the whole community! Join Eleanor Casale and groove your way into high energy with this family fun line dancing experience that will charge you up for taking action during KC 2020.

CHAT ROOM 1: RENATA BOWERS Author of the *Frieda B.* children's book series

With her *Frieda B.* book series, Renata Bowers seeks to empower children to identify and explore their passions in life by letting their imaginations run wild. Renata will read from her acclaimed series and lead a discussion on themes from her story about the power of combining talent and passion to find yourself. For more information, visit friedab.com/pages/renata.

WHAT'S COOKING? Healthy Foods with Cooking Matters®

Nutrition experts for nationally renowned Cooking Matters® will share eye-opening demonstrations about the amount of fat and sugar that is in some of our favorite foods and then provide healthy alternatives. Cooking Matters provides food skills and practical education for individuals and families that meet their nutrition, budget and personal needs. For more information, visit cookingmatters.org.

CREATIVE CONNECTIONS GLOBAL A Read-A-Loud Presentation from Kenya Connect

Students from a rural Kenyan community joined Kenya Connect to read stories over the radio for younger children stuck at home during the pandemic. These students will share an illustrated overview of Kenya and its culture, a brief tour of their rural village, a reading of the picture book by Eric Walters, *The Matatu*, and a variety of art presentations, followed by a Q&A with students helping in their community. To support Kenya Connect, please visit www.kenyaconnect.org.

COMMUNITY EXPRESSIONS Social Emotional Learning Experiences with SocialEyes Together SEL Author Robin Fox

Participants will be treated to social-emotional learning exercises from the *Building Kindness and Empathy Guide* revised by SocialEyes Together author Robin Fox for the CT Commission on Women, Children, Seniors, Equity & Opportunity to accompany a soon-to-debut anti-bullying film from Stand Up and Speak Out. A sneak peek of the film will be debuted after the presentation. For more information, visit www.social-eyes.org/about.

CHAT ROOM 2: SIDNEY KEYS III Creator of Books N Bros



Enjoy a Q&A interview with Sidney Keys III, a 14-year-old St. Louis, MO native who at the age of 10 took his love of reading to the next level by creating Books N Bros to advocate for African American literacy! Sidney will share his vision for education and equal opportunity for all youth. For more information, visit www.booksnbros.com.

INSPIRING INNOVATIONS Mark Leschinsky

Mark Leschinsky is a 14-year-old student and winner of more than 20 national science and art competitions. A U.S. Patent Holder and award-winning filmmaker, Mark leverages his special interests in technology, inventing, cinematography, mathematics and graphic design to help his community. Join us for a Q&A, followed by a demonstration of his incredible invention and more! For more information, visit www.linkedin.com/in/markleschinsky/.



CREATIVE CONNECTIONS GLOBAL A Peace Orizuru (Paper Cranes for Peace) Experience

Hear the inspiring story of *Sadako and the Thousand Cranes* and then learn how to create your own paper cranes. Presented by Shizumi Shigeto Manale, a dancer, performing artist, choreographer, director, author and film producer born in Hiroshima and raised in Osaka, Japan, participants will enjoy an excerpt of her recent documentary, *Pictures from a Hiroshima School Yard*.

THE KC 2020 VARIETY SHOW Stepping Stones presents a variety show that shouldn't be missed!

COMMUNITY BUILDERS Everyday Democracy

After helping his aunt distribute food to the Chicago homeless, Jahkil Jackson knew that he wanted to do more to make a difference. At eight years old, he created Project I Am, a 501c3 non-profit organization that makes "blessing bags" with essential supplies for the homeless. Voted one of the three most influential people of 2017 by President Barack Obama and the Obama Foundation, Jahkil will share more about his story during a Q&A interview. For more information, visit officialprojectiam.com.



THE CHALLENGE SHOWCASE The Healthy Global Citizen Challenge

Introducing the Healthy Global Citizen Challenge followed by a Q&A with inspirational entrepreneur Tamia Hawkins and YES² youth enrichment participants to discuss her vision in starting her own baking business at the age of 8, Mia's Treats Delights. She not only sells her own delicious baked goods but also offers programs to teach other kids how to bake. In doing so, Tamia strives to teach every child and young person that they can achieve their dreams with hard work and vision.



STAND UP! VIRTUAL PAJAMARAMA DJ Lou from Star Factory and party games

Join us for a digital dance party to finish out our first night of KC 2020! Bop to some kid-friendly jams spun by DJ Lou from Star Factory and play party games before bedtime. www.starfactoryct.com.

STAND UP! Morning Yoga

Staying fit is important for all healthy community citizens and regular exercise can make a positive difference in your life! Join Andrea on this yoga journey designed to strengthen your body and focus your mind for Day 2 of KC 2020.

COMMUNITY BUILDERS Save the Children School Club

For over 100 years, Save the Children has been giving children in the U.S. and around the world a healthy start in life, the opportunity to learn, and protection from harm. Save the Children's School Club program offers students of all ages the opportunity to engage, educate and inspire others through Save the Children's mission. In this video, hear from a few of Save the Children's A+ clubs on why they decided to start a Save the Children Club and why you should too.

Students from across the country have the opportunity to collaborate with one another through a robust school club portal that offers resources, fundraising ideas, advocacy actions, and volunteer opportunities. Learn more and start a club by visiting savethechildren.org/clubs or email schoolclub@savechildren.org.

CONTRAPTIONS AND THINGAMAJIGS Gitanjali Rao

Recognized as America's Top Young Scientist, Gitanjali Rao received an EPA Presidential award for inventing her "Tethys" device, an early detection tool for lead, a dangerous heavy metal in water. Gitanjali is also the inventor of "Epione," a device for early diagnosis of prescription opioid addiction using genetic engineering, and "Kindly," an anti-cyberbullying service using AI and Natural Language processing. Participants will enjoy an engaging Q&A session, including a demonstration of her inventions and a sneak peek of her new book, *A Young Innovators Guide to STEM*. For more information about the book, visit: www.gitanjalirao.net.



CREATIVE CONNECTIONS GLOBAL Music, Rhythm and Dance from the Brazilian Amazon

Brazilian teacher and musician Ney Souza will present, "Carimbó Rhythm Patterns & Their Origin," to show his expertise and love for the traditional Northern Brazil dance. Together with his students from the Amazon region of Brazil, he will share a video showcasing the rich history of Carimbó and its connections to US culture.

COMMUNITY EXCURSIONS Mutt-i-grees®

Learn how to support your local animal shelter and contribute to your community while taking a virtual tour of the North Shore Animal League America in Port Washington, NY with Jayne Vitale, their Director of Education and Youth Programs. North Shore is the world's largest no-kill animal rescue and adoption organization and is also a supporting partner of Mutt-i-grees, an innovative Pre-K – Grade 12 social emotional learning program. To learn more about North Shore Animal League America, please visit www.animallleague.org.

INSPIRING INNOVATORS AND INNOVATIONS PART 1 The Food Drive Kids

The Food Drive Kids was started when founder William Winslow realized that some of his fellow students were food insecure and would go hungry over school breaks. He and his brother, Alexander, began working to end childhood hunger through their food drives and building community gardens. Learn more by watching this Q&A with William and visit thefooddrivekids.org.



INSPIRING INNOVATORS AND INNOVATIONS PART 2

Ryan Hickman and Lynnea Shuck

Ryan Hickman and Lynnea Shuck are passionate about keeping the environment clean and green!

At age 3, Ryan Hickman and his dad visited the local recycling center to cash in a few bags of cans and bottles, inspiring Ryan to collect neighbors cans and bottles to ensure they didn't end up in the ocean. Today, Ryan has customers all across Orange County, CA!

Are you ready to become a Junior Ranger? At age 13, Lynnea started volunteering leading wildlife walks at her local national wildlife refuge. Now, she's 23 and leads Junior Wildlife Ranger, a national project that brings free, hands-on environmental science activities to local parks and national wildlife refuges across the United States. Lynnea and her team are inventing a special badge just for KC 2020! Tune in to learn how to earn your first badge and start collecting.

To learn more visit ryansrecycling.com and www.juniorwildliferanger.org.



CHAT ROOM 3: MYRA STANFIELD 2020 Connecticut's Kid Governor

The 2020 Connecticut's Kid Governor Myra Stanfield was elected on her Standing Up for Animals in Need platform, which focused on preventing animal abuse towards companion animals in Connecticut. Myra works to inform and educate school children about companion animals in need and how they can help, encouraging them to fundraise and collect toys, blankets and other supplies for local animal shelters. She also hosts and encourages others to organize pet adoption events so companion animals can find their forever home. ct.kidgovernor.org.



WHAT'S COOKING? Healthy Recipes with Chef Jeff Trombetta

Food brings us all together to enjoy the different cultures and traditions enjoyed by Americans hailing from around the globe. Norwalk Community College Culinary Arts Professor, Chef Jeff Trombetta, will prepare diverse, family-favorite recipes and provide healthy cooking tips with the help of young cooking enthusiasts in the museum's youth enrichment program (YES²).

CHAT ROOM 4: NAUDIA AND LINKIN My Friend Linkin

When her friend Linkin Eger was diagnosed with cancer in 2017, Naudia Greenawalt interviewed him and wrote and published a book about his experience with the disease. Her work led to the creation of the nonprofit, My Friend Linkin, which teaches and inspires others about childhood cancer through the My Friend book series. Naudia and Linkin will share their experiences during a special Q&A about the book series project and the organization. For more information, visit www.myfriendlinkin.org.



COMMUNITY EXPRESSIONS Crystal Theatre

The Crystal Theatre, a local non-profit performing arts school for children in Norwalk, CT, will be doing an interview with us about their organization and upcoming projects. Afterward, enjoy a medley of magnificent performances by the talented young actors and actresses! For more information, visit www.crystaltheatre.org.

THE CHALLENGE SHOWCASE Closing ceremony, Challenge, voting results and pledge