

DIY Natural Cleaners

After cooking, it is important that you clean up the kitchen. However, did you know that natural items such as essential oils are just as capable of cleaning as some of the dangerous chemicals that are used in many cleaners? So, if we use natural cleaning products we can help create a healthier environment.

YOU WILL NEED

- 1/2 cup of rubbing alcohol or 1/2 cup vinegar
- 3/4 cup water
- 50 – 60 drops tea tree essential oil or lavender essential oil
- Spray bottle container
- Funnel

STEPS

1. Open an empty spray bottle, place funnel in the top and fill with 3/4 cup of water.
2. Add rubbing alcohol or vinegar.
 - a. If you want to cleanse the air – use alcohol.
 - b. If you want a surface cleaner use vinegar.
 - c. It is not recommended to combine both.**
3. Drop in the essential oil of choice into spray bottle to create the smell you want for your home.
4. Close bottle tightly and shake it up to combine ingredients.
5. You are ready to clean!
 - a. **ALWAYS** do a small test of spray on any surface to make sure the product does not stain.

